



Sands National Conference 2009

'A Little Life, Not a Little Loss'

Friday 7th & Saturday 8th August 2009

Waipuna Hotel & Conference Centre,
58 Waipuna Road, Mt Wellington, Auckland

REGISTRATION FORM:

Mr/Mrs/Ms/Dr: _____

First Name/s: _____

Surname: _____

Address: _____

City: _____ Post Code: _____

Telephone: _____ Mobile: _____

Email: _____

Organisation/ _____

Occupation: _____ Midwifery Points

Reason For Attending Business Bereaved Parent Personal / other

REGISTRATION FEES: *(Please tick only one option below)*

Full Conference – Both days Standard Fee \$170

Sands Member \$150

One Day Only Friday Only \$110

Saturday Only \$110

Dietary Requirements: Please specify if you have any special dietary needs:

PAYMENT & REGISTRATION DETAILS: *(Please indicate your chosen method of payment):*

Cheque Please make your cheque payable to "**Sands Auckland Central Inc**" and mail with your registration form, **by 24 July 2009** to:
Sands 2009 Conference
C/- Carol Gernhoefer, Sands Treasurer
26 Whytehead Crescent, Kohimarama, Auckland 1071

**Internet Banking/
Direct Credit:** Sands Auckland Central Bank Account: ANZ, Panmure Branch
Account Number: **010147-0012794-001**

Please quote your name in the reference details.

Please also send an email to sandsaucklandcentral@gmail.com to assist with tracking payments and so that we can send you a receipt. ***Your registration form must also be returned to us at the above address.***

CONFERENCE PROGRAMME:

The conference programme is yet to be finalised but please find enclosed a brief list of some of our presenters and proposed session times. Full details will be sent with your registration confirmation. The conference programme is subject to change at anytime.

ACCOMMODATION:

Accommodation bookings are to be made by individual attendees. Information of local accommodation is enclosed.

FOOD SERVICE:

Morning and afternoon teas and light lunches are provided as part of the registration fee.

CHILDREN POLICY:

Due to the sensitivity of bereaved parents and other attendees, this conference is not suitable for babies or young children. Please contact us if you have any questions or would like to discuss this. We appreciate your consideration.

CANCELLATION POLICY:

Cancellations must be made in writing to Sands Auckland Central. A processing fee will be charged per registrant. Exceptions may be granted for requests received in writing at Sands Auckland Central two weeks prior to the conference.

PRIVACY STATEMENT:

As a not-for-profit organisation, we collect and hold your personal information in order to provide member services and for conference records. Your personal information is disclosed to outside organisations only in order to provide these services. We will not provide mailing lists to other external parties for advertising purposes. You can request a copy of your personal details at any time.

QUERIES:

For conference coordinator please contact Claire Wright / Tania Cornwall,
Email: sandsaucklandcentral@gmail.com
Phone: 0508 726372

Conference details will also be available on the Sands website:
www.sands.org.nz



A GLIMPSE OF OUR SANDS CONFERENCE 2009

CONFERENCE INFORMATION:

Date:	Friday 7th August 2009 and Saturday 8th August 2009
Venue:	Waipuna Hotel & Conference Centre, 58 Waipuna Road, Mt Wellington, Auckland
Website:	Visit the conference page at www.sands.org.nz
Conference Co-ordinator:	Claire Wright / Tania Cornwall Email: sandsaucklandcentral@gmail.com Phone: 0508 726372

MIDWIFERY COUNCIL POINTS:

Five Midwifery Council Professional Activity points awarded for attendance. Please tick the box on the registration form if you would like a 'certificate of attendance'.

CONFERENCE PROGRAMME:

(This overview of time slots is subject to final confirmation of time/speakers/presenters)

We are aiming to provide two concurrent streams (A & B). One session with speakers whose presentations are primarily for health/caring professionals and the other with presentations primarily for parents and families. Sessions will however be open to all attendees as crossover is inevitable and welcomed. *We may extend our sessions to three streams.*

Friday 7th August

- 8.45am – 9.30am Remembrance Service by Clare Ayers at Waipuna
- 9.00am – 10.15am Registration with Welcome/Morning Tea
- 10.15am – 11.10am Conference Opening with guest speakers
- 11.15am – 12.15pm Sessions A & B
- 12.15pm – 1.15pm Lunch
- 1.15pm – 2.10pm Sessions A & B
- 2.15pm – 3.15pm Sessions A & B
- 3.15pm – 3.30pm Afternoon Tea
- 3.30pm – 4.30pm Sessions A & B

Saturday 8th August

- 8.30am – 9.00am Registration
- 9.00am – 9.50am Opening with guest speakers
- 9.50am – 10.10am Morning Tea
- 10.10am – 11.10am Sessions A & B
- 11.15am – 12.15pm Sessions A & B
- 12.15pm – 1.15pm Lunch
- 1.15pm – 2.10pm Sessions A & B
- 2.15pm – 3.15pm Sessions A & B
- 3.15pm – 3.30pm Afternoon Tea
- 3.30pm – 4.30pm Closing with guest speakers

PRESENTERS/SPEAKERS:

We have had a wonderful selection of abstracts submitted and can confirm the following sessions: (subject to unforeseen changes at any time)

- **Glenda Stimpson** – An overview of the history of care at National Women’s Hospital, Auckland
- **Maari Gray**, Midwife & Post Mortem Technician, Wellington - An insight into her particular areas of care for families and baby’s.
- **Tomasina Stacey, TASS** (The Auckland Stillbirth Study) – The first opportunity for initial findings from the TASS study.
- **Nimisha Waller**, Senior Lecturer in Midwifery at AUT & LMC Midwife – Concentrating on early pregnancy loss providing an opportunity for practitioners to reflect on care and risks of maternal postnatal distress.
- **Debbie Eade & the grief team**, NICU, Auckland City Hospital – A look at how NICU works and how the unit aims to meet the needs of bereaved parents and families during their stay.
- **Liz Conway**, Sands Queensland, Brisbane, Australia – ‘Grief in the Workplace’ A look at ways to establish a positive return to work after bereavement for employees, employers and businesses.
- **Liz Conway**, Sands Queensland, Brisbane, Australia – ‘Support Groups, What role do they have in supporting bereaved parents?’
- **Michele Mill**, Davis Funeral Services, Funeral Director – A discussion encompassing care before/during funerals. A session primarily for health/caring professionals (not limited to) followed by questions.
- **Simon Manning**, Harbour City Funeral Home, Funeral Director – How funeral directors can make a difference at a time of raw grief. A session for Sands parents to offer feedback and participate in discussion.
- **Rosemary Smart/Jan Liddell**, Twin Loss NZ– supports loss at any time in the life of twins. Here they discuss the very early loss of a twin, sometimes described as vanishing twin syndrome.
- **Vicki Culling**, Sands NZ –an insight into Sands and brief look at the possible needs of parents on the early part of their grief journey.
- **Vicki Culling/Claire Wright**, Sands NZ – ‘Am I still a Mother?’, How do we mother our baby’s who have died?, Does society perceive us as mothers?, If not, can we help this change?
- **Claudia Astorga–Ralph - Five Hours with Raja**. A documentary on the life of Raja. Raja is the son of Claudia Astorga–Ralph who will introduce and close this session.
- **Parents Panel** – A panel of Sands parents will provide the opportunity for all to ask questions & open discussion on all aspects of baby loss. This is a unique opportunity to gain a broad base of information as parents with differing experiences share their grief journeys.

WORKSHOPS/FACILITATORS: (booking required as numbers are limited)

1. **Cherie Moran, Midwife/Nurse, Counsellor specialising in birth trauma** – An interactive workshop facilitated by Cherie and a Sands facilitator, assisting parents in finding meaningful expression of loss through the use of Sandtray therapy. This session is for bereaved parents who feel that they are a little way along in their grief journey. There is a limited number of 12 participants, couples or individuals. (90 minutes)
2. **Sands Support Group Session** – A facilitated session for bereaved parents who may not have the opportunity to attend groups on a regular basis. Run along the lines of our Sands Auckland Central Support Groups, which provide an opportunity for parents to share their baby’s with others who may offer empathy and understanding. There is a limited number of 12 participants. (90 minutes)
3. **Self Care Workshop for Health/Caring Professionals** – Still to be confirmed but a facilitated session with participation from those attending. A willingness to share in an interactive way will be necessary. There will be a limit of 12 participants. (may last for 90 minutes)

CONTACT US FOR MORE INFORMATION OR TO EXPRESS YOUR INTEREST

OTHER PRESENTERS/SESSIONS:

We also hope to include information on some of the following areas:

- PMMRC (Perinatal Maternal Mortality Review Committee) update
- Other community groups & resources
- Faith during your grief journey
- Precious Lives: Painful Choices
- Fathers Grief
- Grandparents' perspective
- A Social Workers perspective
- Subsequent Pregnancy
- Couples Grief

VENUE INFORMATION:

Waipuna Hotel and Conference Centre boasts prestigious four-star accommodation and has a variety of facilities for guests including 450 free off-street car parks, internet facilities, an on-site Bar and Restaurant, swimming pool, spa and gymnasium for use during guests stay (overnight guests only).

Waipuna Hotel and Conference Centre is centrally located in Mt Wellington, only a 30 minute drive from Auckland's International and Domestic Airport or from downtown Auckland City. The Waipuna is also situated within 5 minutes of two major shopping centres; Sylvia Park (includes cinemas, supermarkets, restaurants, and cafes) and Westfield Pakuranga. Waipuna is set amongst 6.26 acres of parkland overlooking a picturesque saltwater lagoon.

Please note that all conference rooms and public areas within the hotel are smoke free.

ACCOMODATION INFORMATION:

Note: Accommodation bookings are to be made by individual attendees.

Waipuna Hotel & Conference Centre (www.waipunahotel.co.nz)

We have secured a number of rooms with the venue, Waipuna Hotel & Conference Centre at the rate of \$140 + GST for a Single or Double occupancy. Please call the Waipuna on +64 9 526 3000 to make your booking. Ensure you mention the Sands Conference at the time of booking to obtain the conference rate.

Below are some other local options. Please note we have not inspected these properties, so cannot guarantee the suitability and quality.

Mount Richmond Hotel

676 Mt Wellington Highway, Mt Wellington, Auckland, +64 9 270 2900, www.mountrichmondhotel.co.nz

Ellerslie International Motor Inn

2 Wilkinson Road, Auckland, (Cnr of Panmure Highway), +64 9 525 1909, www.eimi.co.nz

All Seasons Ellerslie Motor Inn

95 Greenlane Road East, Auckland, +64 9 5206243, www.allseasonshotels.co.nz

Cascades Motor Lodge

244 Pakuranga Road, Pakuranga, Auckland, +64 9 576 4890, www.cascadesmotorlodge.co.nz

Pakuranga Motor Lodge

100 Pakuranga Road, Auckland, +64 9 576 3353, www.pakuranga.co.nz

